

# Tour of the Abberleys 3 day 1<sup>st</sup> – 3<sup>rd</sup> May 2010

**Race HQ:** Abberley village hall, Clows Top Road, Abberley WR6 6DB  
**Prizes:** Overall prize value £2,000+

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## Stage 1 Prologue Time Trial 1<sup>st</sup> May 2010

**Start Times:** Race 1: 11:30 Race 2: 12:00

**Course Details:** *Distance 4 miles.*

Start at 30 second intervals in reverse order of programme. Start on B4197 at bottom of Woodbury Hill, Great Whitley side. Continue in direction of Martley to finish after approximately 4 miles, just before pull-in to Lyngen Farm. Aerobars are not permitted.

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## Stage 2 Road Race 1<sup>st</sup> May 2010

**Start Times:** Race 1: 13:30 Race 2: 13:35

**Course Details:** *Distance 44 miles.*

Start on B4197 at top of Woodbury Hill. Continue to Martley(M). Turn left onto B4204 to Castle Hill(M). Turn left to Wichford to T-junction(M). Turn left, continue to Ockeridge(M). Take left fork past Hickman Farm to Hillside(M). Turn left onto B4197 to complete 1 lap. Continue for another 3 laps. On last lap continue to Martley(M). Turn left, continue on B4197 to Berrow Green to finish at top of hill.

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## Stage 3 Road Race 2 May 2010

**Start Times:** Race 1: 10:00 Race 2: 10:05

**Course Details:** *Distance 40 Miles.*

Start at Abberley village hall. Turn right onto B4202 to Clows Top(M). Turn left on A456 to Newnham Bridge(M). Turn left on A443 to Great Witley(M) to turn left on B4202 to complete 1 lap. At the end of the second lap, continue to finish 800m before Clows Top on B4202.

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## Stage 4 Road Race 3 May 2010

**Start Times:** Race 1: 10:00 Race 2: 10:05

**Course Details:** *Distance 55 Miles.*

Start on B4197 on top of Woodbury Hill. Continue to Martley(M). Turn left to Berrow Green(M). Turn left on unclassified road, continue to Lower Broad Heath(M). Turn left to junction with B4204(M). Turn left to Martley to turn left to complete first lap. Continue for another 4 laps to finish at top of hill, Berrow Green.

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### Notes to riders:

- Please let me know if you can provide help with marshalling, catering or driving. All help is very gratefully appreciated and helps us to run these races.
- Please remember all gels, bars etc. that you want to take in your back pocket. PLEASE TAKE YOUR RUBBISH HOME WITH YOU AND DO NOT THROW IT AWAY WHEN RIDING.
- The race organiser and helpers DO NOT HAVE THE AUTHORITY TO STOP TRAFFIC. WE ARE THERE TO DIRECT RIDERS ONLY and accept no responsibility for stopping traffic.
- Results will be available on [www.stuarthalcycling.co.uk](http://www.stuarthalcycling.co.uk)

**Have a good ride,  
Stuart**